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## The Program:



The Pauquette Center's employee assistance program is a confidential service provided for you and your immediate family by your employer, at no cost to you. At sometime in our lives many of us have experienced a personal problem that has affected our job performance and personal well-being. You do not have to go through your problem alone. The Employee Assistance Program can be reached at (608) 742-5518. Together you and the EAP Representative can decide on what is best for you. These services are personal and confidential within the scope of the law. Meeting with the EAP Representative may provide you with the assistance you need to assess your problem. The EAP Representative will not share the

nature of the situation with your employer unless requested by you. There is no fee for meeting with the EAP coordinator. This service is provided to you and your immediate family. If you are struggling with a personal problem, call today!

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## The Services:

Perhaps you or a family member are facing one of the following issues:

- Substance Abuse Treatment Services: Substance abuse assessment, early intervention and treatment referrals
- Emotional and personal concerns such as relationship problems, anxiety and depression, or grief and loss
- Marriage and family services: parent and child problems, family conflict, or domestic violence
- Job or career concerns such as work performance problems, absenteeism, frequent job changes, workplace stress, job dissatisfaction, or communication difficulties with co-workers
- Financial or Budget Services: Education, examination of personal finances, and household budgeting facilitation
- Legal referral services: Assistance with referrals to legal specialists
- Housing and Home Ownership Issues: Education and referral services
- Crisis intervention services available to affected employees when a crisis or traumatic event has occurred

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## Contact the Pauquette Center EAP

### Representative at:

### (608) 742-5518

### Available 24 Hours

A SIMPLE (AND ANONYMOUS) PHONE CALL

IS ALL IT TAKES!!

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One of the biggest reasons for not calling is because of the uncertainty over what will happen next. By making a telephone call to your EAP Representative you may ask questions and then decide if you wish to pursue further assistance. Please keep in mind that your employer has provided this benefit to you and your family as an opportunity to deal with your problems before they become destructive to your personal well-being, family life, and productivity at work.

**PAUQUETTE CENTER EAP**  
P.O. Box 301  
2901 Hunters Trail  
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